

June 29 - August 31, 2019

Kinetica Movement

Company: Nadine Bommer Dance Company
Venue: Peridance
Location: new york, NY

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Erica Maclean

Join us at Peridance for Kinetica Movement Classes- the movement language of the Nadine Bommer Dance Company

Kinetica is an Improvisational Movement Language inspired by the combination of the endless motion of the sea and kinetic energy in the space. Kinetica invites participants to see life from a different perspective by connecting with oneself through movement. Originally developed for her dancers, in order to provide unique and exciting movement, to support the enrichment of her Animato work. Nadine feels privileged and blessed this technique has evolved for everyone's well being; now sharing, this therapeutic technique, with people all around the world. Through Kinetica, you will experience how to connect to the endless movements of nature and heal your body through a deeply powerful mind and body connection.

Nadine Bommer Dance Company
126 East 13th street
new york, NY, 10003

Schedule
June 29, 2019: 11:00am
July 6, 2019: 11:00am
July 13, 2019: 11:00am
July 20, 2019: 11:00am
July 27, 2019: 11:00am
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