

Monday, August 15, 2016

## LAB #1: Gentle Spin Cycle with Jasmine Hearn

Company: the CURRENT SESSIONS

Venue: Spaceworks @ Williamsburgh Library

Location: Brooklyn, NY

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TCS X SPACEWORKS: LAB // SESSIONS

LAB #1: GENTLE SPIN CYCLE WITH JASMINE HEARN

Monday, August 15 from 9am to 11am

*Post-Modern & Contemporary - Intermediate Level*

*Honey, Water, Spirals* - LAB #1 with Jasmine Hearn uses improvisation practices, guided imagery, and stretches to warm the body, in order to enter the space with the intention to move. The class progresses as we learn phrase work and take the time to investigate each of our artistic voices.

The [CURRENT SESSIONS](#) is pleased to partner with Spaceworks for our upcoming [LAB // SESSIONS](#), a workshop series, from August 15 to 18, 2016 featuring select artists from the [Volume VI, Issue II: MOVEMENT CURRENCY performances](#). Workshops will take place from 9am to 11am at Spaceworks at Williamsburgh Library, and are pay-what-you-wish, with a suggested donation of \$5 to \$10 cash or credit card.

Image by Bill Shirley, courtesy of Staycee Pearl Dance Project.

the CURRENT SESSIONS

Spaceworks @ Williamsburgh Library, 240 Division Ave, 2nd Floor  
Brooklyn, NY, 11211

<http://www.thecurrentsessions.com/up-next/2016/8/15/lab-sessions>

Schedule

August 15, 2016: 9:00am

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