

April 18 - June 20, 2020

LATIN CARDIO with LEIMAY Ensemble member Mar Galeano 10-Class Cycle

Company: LEIMAY

Venue: Online

Location: Brooklyn, NY

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Zoom Screenshot

LATIN CARDIO with LEIMAY Ensemble member Mar Galeano 10-Class Cycle

Saturdays, April 18, 25 May 2, 9, 16, 23, 30 June 6, 13, 20.

@ 2:00 pm EST

Duration: 50 minutes

A fun fitness class combining Latin and international dance moves for a total body toning. Get your heart rate up, enhance cardio endurance, and boost your mood naturally! No prior dance experience is required; ALL bodies welcomed. ALL speaking languages. Wear something comfortable to sweat, stay hydrated and let the happy dancing begin.

[Sign Up!](#)

LEIMAY
LEIMAY
Brooklyn, NY, 11249
<http://leimayfoundation.ticketspice.com/online-mar>

Schedule
April 18, 2020: 2:00pm
April 25, 2020: 2:00pm
May 2, 2020: 2:00pm
May 9, 2020: 2:00pm
May 16, 2020: 2:00pm
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