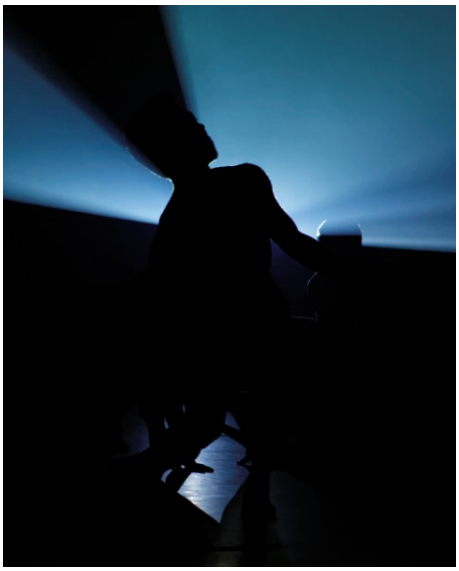
May, 23-27, 2017

LEIMAY LUDUS Summer Intensive with LEIMAY Director Ximena Garnica

Company: LEIMAY
Venue: CAVE
Location: Brooklyn, NY



LEIMAY LUDUS Summer Intensive is envisioned by artistic director Ximena Garnica as a laboratory for developing and sharing an instinctive, conscious and rigorous way to cultivate the performer's body. It is constantly reinvented in conversation with internal and external dynamics rather than relying on a singular technique. LEIMAY LUDUS values training as an act of growing the body through embracing it voice, soul, intellect and physicality.

The fourth LUDUS Training Summer Intensive is open to dancers, actors, performers, movers and those interested in investigating the human body's vast possibilities. Ximena utilizes improvisation as a means of personal exploration, thus accessing each student's individual physical potential so as to develop a unique and individualized movement vocabulary.

Exercises offer opportunities to explore internal openness and energy flow; to distinguish different approaches to generating energy and impulses; to activate different body qualities; and to facilitate an awareness of consciousness through the exploration of the unconscious domain. During the LEIMAY LUDUS Summer Intensive, participants will be engaged in practices which cultivate an individual presence and prepare an alert and neutral body that is ready to perform and to be moved.

LEIMAY
58 Grand Street
Brooklyn, NY, 11249
http://www.leimay.org

Schedule
May 23, 2017: 6:00pm
May 24, 2017: 6:00pm
May 25, 2017: 6:00pm
May 26, 2017: 6:00pm
May 27, 2017: 11:00am