

February 9 - April 1, 2012

LUDUS Drop-in Class with LEIMAYas core dancer Denisa Musilova

Company: Leimay

Venue: CAVE

Location: Brooklyn, NY

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The class begins with a warm-up focused on generating fluidity and relaxation through the body. Different exercises give the opportunity to explore internal openness and energy flow, facilitate an awareness of space and consciousness, distinguish different approaches to movement initiation....

Leimay
58 Grand Street
Brooklyn, NY, 11249
<http://www.cavearts.org/?p=306>

Schedule

February 9, 2012: 10:00am

February 12, 2012: 10:00am

February 19, 2012: 10:00am

February 26, 2012: 10:00am

March 11, 2012: 10:00am

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