

December, 15-18, 2023

## Let's Move - December Sessions

Company: PETER & CO.  
Venue: Abrons Arts Center  
Location: New York, NY

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Theik Smith

Embark on a dynamic journey with this winter with PETER & CO.

We invite you into a world anchored in pulse, sensation, precision, and play. Each session kicks off with a guided warm-up, steering movers through a purposeful scan of the body, zeroing in on the inherent symmetry and opposition of the joints. Each session will dive into task-based improvisation, playful exploration, and sleek phrase work crafted to strategically push the boundaries of the mind through space.

Location: Abrons Arts Center, 466 Grand St., New York, NY

Date(s): December 15th & 18th

Start Time(s): 10:00am

RSVP [here](#).

We welcome a maximum rate of \$8 per session, however, no one is turned away for inability to pay.

For questions please email [info@peterandco.org](mailto:info@peterandco.org) or [visit us](#).

PETER & CO.  
466 Grand Street  
New York, NY, 10002  
<https://www.peterandco.org/move>

Schedule  
December 15, 2023: 10:00am  
December 18, 2023: 10:00am

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