January 1 - May 30, 2018

Limón Class at Gibney 280

Company: Limon Dance Company
Venue: Gibney Dance Center - 280 Broadway location
Location: New York, NY

Open-level Limón classes led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limon Dance Company
280 Broadway
New York, NY, 10007

Schedule
January 1, 2018: 10:00am
January 3, 2018: 10:00am
January 5, 2018: 10:00am
January 8, 2018: 10:00am
January 10, 2018: 10:00am
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