

June, 19-30, 2017

Limón Technique Class: Open Level

Company: Limón Dance Company
Venue: Gibney Dance
Location: New York, NY

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Sofia Negron Photography

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Limón classes led by [Risa Steinberg](#) with the [Limón Dance Company](#). All classes are accompanied by live music. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company
280 Broadway
New York, NY, 10007
2127773353
http://limon.org/training/open_classes/

Schedule
June 19, 2017: 10:00am
June 22, 2017: 10:00am
June 26, 2017: 10:00am
June 29, 2017: 10:00am
June 30, 2017: 10:00am

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