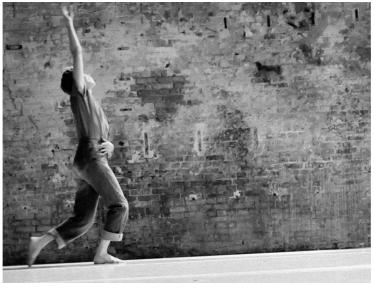


## OUR NEW YORK CITY DANCE

January, 9-13, 2017

## MELT: Joined at the Hips- Exploring the Hip Joints with Eva Karczag

Company: Movement Research Venue: Abrons Art Center, Studio G05 Location: New York City, NY ► Share | Print | Download



Luca Stratolin

## Eva Karczag

January 9-13

M T W Th F

1-3pm \$125

Abrons Art Center, Studio G05

466 Grand St. (at Pitt St.)

## MELT: Joined at the Hips- Exploring the Hip Joints

For many dancers, the area of the hip joints can be a place of great tension, immobility and frustration. In this workshop, we will sink into the hip sockets, examining the role they play in transmitting freedom, both to the legs and to the rest of the body. Using anatomical information, directed touch and image, we will enter states of inner listening through slow, sensory investigations. We will actualize our discoveries and insights through dancing, alone and together. REGISTER HERE!

Movement Research 466 Grand St. New York City, NY, 10002 https://movementresearch.org/event/3809 Schedule January 9, 2017: 1:00pm January 10, 2017: 1:00pm January 11, 2017: 1:00pm January 12, 2017: 1:00pm January 13, 2017: 1:00pm

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