

January, 2-6, 2017

MELT: Movement Technique and Performance with Gwen Welliver

Company: Movement Research
Venue: Abrons Art Center, Studio G05
Location: New York City, NY

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Jinyoul Lim

[Gwen Welliver](#)

January 2-6

M T W Th F

10am-12pm \$125

Abrons Art Center

466 Grand St. (at Pitt St.)

MELT: Movement Technique and Performance

This movement class will develop from simple skeletal mobility sequences to full-out movement forms. Emphasis will be placed on the joints, examining how range of motion relates to alignment, support, weight, pathway and qualitative detail in the course of movement. We will consider the inherent lines in the body's anatomy as the basis for movement material in a full range – from natural to designed, pleasing to provocative. [REGISTER HERE!](#)

Movement Research
466 Grand St.
New York City, NY, 10002
<https://movementresearch.org/event/3802>

Schedule
January 2, 2017: 10:00am
January 3, 2017: 10:00am
January 4, 2017: 10:00am
January 5, 2017: 10:00am
January 6, 2017: 10:00am

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