

January 16 - March 13, 2025

## Madhura Studios: Dance Chakra Alignment

Company: Madhura Studios

Venue: Madhura Studios

Location: Brooklyn, NY

► [Share](#) | [Print](#) | [Download](#)



Madhura Studios

Join us for our first 2025 dance chakra alignment to release, transform, and celebrate the new year. Connect with your body, emotions, and inner wisdom through expressive dance, followed by a rebirth meditation to set intentions for self-growth. Wear comfortable clothes, bring water, a journal, and something meaningful to you.

Madhura Studios  
61B 9th St, #B-13  
Brooklyn, NY, 11215  
<https://mومence.com/Mona-Esser/Dance-Chakra-Alignment/110672638?skipPreview=true>

Schedule  
January 16, 2025: 6:30pm  
March 13, 2025: 6:30pm

[< back](#)

[previous listing](#) • [next listing](#)