

Thursday, March 28, 2019

Masala Bhangra with Sarina Jain

Company: RIOULT Dance Center
Venue: RIOULT Dance Center
Location: Queens, NY

► [Share](#) | [Print](#) | [Download](#)



High Energy + Traditional Bhangra Dance Steps = Masala Bhangra

Masala Bhangra with Sarina Jain

March 28th 7:00pm-8:15pm

\$16.00

Coined as the "Indian Jane Fonda," Sarina Jain is the creator of the original Masala Bhangra® DVD series. An AFAA® certified fitness instructor for over 21 years, she teaches classes ranging from step aerobics, total body conditioning, and many more. She successfully moves, touches and inspires many people around the world with her knowledge and passion for Bhangra and Bollywood. Recognized as a global game changer, Sarina has over 12 workout videos under her belt with Masala Bhangra® classes offered in over 20 countries around the world. Masala Bhangra is a fresh and exciting addition to the world of fitness and dance.

This Indian-dance based fitness program is designed for people of all ages and fitness levels.

The easy to follow choreography strengthens the body and empowers the mind as students express themselves through movement. Join us for this one night only event!

RIOULT Dance Center
34-01 Steinway Street (Entrance on 34th Ave)
Queens, NY, 11101
2123985903

Schedule
March 28, 2019: 7:00pm

[< back](#)

[previous listing](#) • [next listing](#)