dance/NYC®

Dance. Workforce. Resilience.

FOR AUDIENCES

April 12 - May 31, 2020

Modern with Marion Spencer

Company: Dancewave
Venue: Dancewave
Location: Brooklyn, NY

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Modern Dance with Marion Spencer - Dancewave Online Adult Classes
Sundays 12-1pm and Tuesdays 7-8pm E.S.T.

Dancewave's Modern dance class is a highly imaginative investigation of ourselves as facile, creative movers. Marion Spencer's class creates a safe space for learning and growth while embracing risk and technical challenges. Beginning with a sensation-based warm-up, we wake up our bodies and ground ourselves through both set material and improvisation. Our class strengthens basic modern technique and cultivates courage and curiosity through floor and standing exercises, finally culminating with a full-bodied dance phrase that challenges us both physically and creatively. Suitable for dancers at any level.

About Dancewave's Online Weekly Adult Class Program:
Accessible for all bodies, abilities and skill levels, Dancewave's weekly online Adult dance and fitness classes are perfect for everyone from beginners to seasoned dancers looking to stay in shape. Our teaching artists are skilled creatives and choreographers who cultivate a personable, supportive and non-competitive community in class that you can depend on each week. Just $10/drop-in.

Visit dancewave.org/adult-classes to register anytime. #dancemakeswaves

Dancewave	Schedule
Online classes - accessible anywhere	April 12, 2020: 12:00pm
Brooklyn, NY, 11217	April 14, 2020: 7:00pm
7185224696	April 19, 2020: 12:00pm
http://dancewave.org/adult-classes	April 21, 2020: 7:00pm
	April 26, 2020: 12:00pm
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