

April, 3-14, 2017

Morning Class with Kai Kleinbard

Company: Movement Research
Venue: Eden's Expressway
Location: New York, NY

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Aricoco

Morning Class with Kai Kleinbard

April 3-14

MWF 10am-12pm

MR@Eden's Expressway

537 Broadway

Beginning with an Alexander Technique/Tai-Chi warm-up, we explore how joint alignment enables the imagination to be vividly physicalized. We will learn illusionary movement processes such as waving, gliding-footwork and living stop-motion. Bridging technical and imaginative practices, we will experiment with trance states, creating dynamic solo improvisations.

[Kai Kleinbard](#) is an AmSAT certified Alexander Technique Teacher and a learning specialist. He practices Wu Style Tai Chi and push hands. He is inspired by his study of the martial arts, urban styles of dance (including popping, house and bruk-up). Kai creates and performs solo improvisational characters that mimic fantastical beings, such as cartoons, robots, machines and monsters. His work has been shown through Movement Research, Roulette, The Flea, Dixon Place, Summer on the Hudson Festival and the NY Transit Museum. Most recently he collaborated with performance artist, aricoco, and scientists at Rockefeller University to explore insect social behavior, emergence and embodiment.

He is the director of bodyLITERATE, an organization that supports learners in the NYC school system with special needs. Located in Downtown Brooklyn, bodyLITERATE offers community-based classes in emergent learning, executive functioning coaching as well as one-on-one lessons in the Alexander Technique for children and adults.

www.thebodyliterate.com
www.kaikleinbard.tumblr.com

Movement Research
537 Broadway
New York, NY, 10012
<https://movementresearch.org/event/4764>

Schedule
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