

December, 4-20, 2017

Morning Class with Kai Kleinbard

Company: Movement Research

Venue: Eden's Expressway

Location: New York, NY

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photo by Sen Tadatashi

[Morning Class](#) with Kai Kleinbard

December 4-20

MON WED 10am-12pm

MR @Eden's

\$12 / \$14

Beginning with an Alexander Technique/Tai-Chi warm-up, we explore how joint alignment enables the imagination to be vividly physicalized. We will learn illusionary movement processes such as waving, gliding-footwork, and living stop-motion. Bridging technical and imaginative practices, we will experiment with trance states, creating dynamic solo improvisations.

[Kai Kleinbard](#) is an AmSAT certified Alexander Technique Teacher and a learning specialist. He practices Wu Style Tai Chi and push hands. He is inspired by his study of the martial arts, urban styles of dance (including popping, house and bruk-up). Kai creates and performs solo improvisational characters that mimic fantastical beings, such as cartoons, robots, machines and monsters. His work has been shown through Movement Research, Roulette, The Flea, Dixon Place, Summer on the Hudson Festival and the NY Transit Museum. Most recently he collaborated with performance artist, aricoco, and scientists at Rockefeller University to explore insect social behavior, emergence and embodiment.

He is the director of bodyLITERATE, an organization that supports learners in the NYC school system with special needs. Located in Downtown Brooklyn, bodyLITERATE offers community-based classes in emergent learning, executive functioning coaching as well as one-on-one lessons in the Alexander Technique for children and adults.

Movement Research
537 Broadway 4th Fl
New York, NY, 10012

Schedule

December 4, 2017: 10:00am
December 6, 2017: 10:00am
December 11, 2017: 10:00am
December 13, 2017: 10:00am
December 18, 2017: 10:00am
December 20, 2017: 10:00am

[< back](#)

[previous listing](#) • [next listing](#)