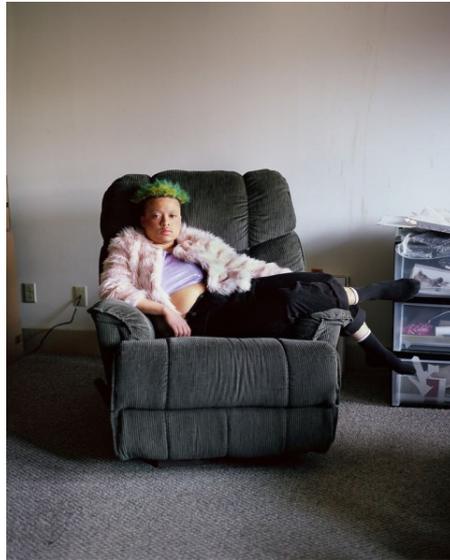


August 25 - September 1, 2020

Multilaterals: A Radical Approach to Dance Composition for the Traumatized Bean with x

Company: freeskwl
 Venue: zoom
 Location: zoom, ZM

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Jordan Reznick

Multilaterals: A Radical Approach to Dance Composition for the Traumatized Bean with x (90 mins)

CLASS:

In this class, we will take the approach of Creative Movement classes for youth and break down the inhibitions that prevent us from fully exploring a breadth of dance styles, at our disposal. Employing values that decolonized the violence of eurocentric dance studios in Westernized societies and the free abstraction with postmodern dance, we will gain a new approach to dance composition and choreography and think about movement in a whole new way. This class will operate under pretenses that everything is a performance and all movement can be considered dance. Targeting inner critics, toxic shame, and external authority, this lens of this class is informed and created for survivors of Complex PTSD, PTSD, and compounded trauma. Movers of various mobility range and styles, varied identities, and any and all disabilities are welcome.

PAYMENT:

Venmo: @justx
 CashApp: \$cherubuir1
 Zelle/PayPal: x.sy.rance@gmail.com

ZOOM:

Zoom link: zoom.us/j/3093774924
 Zoom password: 640262

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 zoom
 zoom, ZM, zoom

Schedule
 August 25, 2020: 12:00pm
 September 1, 2020: 12:00pm

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