

July, 8-9, 2020

## Nai-Ni Chen to lead Kinetic Spiral Workshop as part of Peridance's Online Workshops

Company: Nai-Ni Chen Dance Company  
Venue: Nai-Ni Chen Dance Company  
Location: New York, NY

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Nai-Ni Chen Dance Company

Nai-Ni Chen will lead a modern technique workshop as part of Peridance's online workshops on Wednesday, July 8 and Thursday, July 9, 2020 from 3:00pm-4:30pm ET. The class will feature an emphasis on her unique technique and movement style "Kinetic Spiral." Through proper use of breath and energy, her technique centers around the exploration of a wide range of physically challenging, intricate movement ideas that combine the grace, sensibility and strength can be found in Chinese Martial Art and modern dance. Excerpts of dances from her signature works will be taught during the workshop. Sign up available now at [https://clients.mindbodyonline.com/ASP/main\\_enroll.asp?studioid=38909&tg=&vt=&lvl=&stype=-117&view=day&trn=100000187](https://clients.mindbodyonline.com/ASP/main_enroll.asp?studioid=38909&tg=&vt=&lvl=&stype=-117&view=day&trn=100000187).

### About Nai-Ni Chen

Hailed as a Spiritual Choreographer by Dance Magazine and recipient of multiple choreographic fellowships from the National Endowment for the Arts and New Jersey State Council on the Arts, Nai-Ni Chen has been creating dances professionally for over thirty years in the United States. She has built a diverse repertory of over 80 original works and toured to major venues in the US and international contemporary dance festivals in 12 countries. She will be teaching her signature technique KINETIC SPIRAL which is a blend of the dynamic, ever-evolving spirit of contemporary dance and the grace and splendor of the Chinese artistic traditions.

### Nai-Ni Chen Dance Company

A blossom of color, energy and motion, "like endlessly proliferating forces of cosmic energy," says the New York Times.

### About the Nai-Ni Chen Dance Company

Bringing the dynamic freedom of American modern dance together with the elegant splendor of Asian art, the Nai-Ni Chen Dance Company is one of the most visible Asian American dance companies in America. Ms. Chen's unique choreography transports audiences beyond cultural boundaries to the common ground between tradition and innovation, discipline and freedom, and form and spirit. Since its inception in 1988, the company has earned a broad base of public support and has toured extensively to major performing arts centers throughout more than thirty states. Presented by some of the most prestigious concert halls in the United States, from the Joyce Theater in New York to the Ordway Center in Minnesota and the Cerritos Center in California, the Company has mounted more than twenty national tours and nine tours abroad. Ms. Chen's work has been presented by such acclaimed international festivals as the Silesian International Contemporary Dance Festival and the Konfrontations International Dance Festival, both in Poland, the Chang Mu International Arts Festival in Korea and the Meet in Beijing International Arts Festival. The Company was also honored by a distinctive grant award from both the President's Committee on Arts and Humanities and the Department of State to represent the United States in a seven-city tour arranged by the Tamaulipas International Arts Festival in Mexico. Also, the Nai-Ni Chen Dance Company has the unique honor of having received more than fifteen awards from the National Endowment for the Arts and numerous Citations of Excellence and grants from the New Jersey State Council on the Arts. In addition to its extensive season of touring and performing, the company has developed Arts in Education residency programs in school districts to bring culture and arts into educational settings. Its colorful and engaging in-school assembly program "The Art of Chinese Dance" has been presented in hundreds of schools in NJ, NY, CT and PA, reaching hundreds of thousands of youth. The Company is currently in-residence at New Jersey City University and assisting NJCU in the development of a new BFA in Dance. For additional Company information, visit [www.nainichen.org](http://www.nainichen.org); write to Nai-Ni Chen Dance Company, P.O. Box 1121, Fort Lee, NJ 07024; or call (800) 650-0246.

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Nai-Ni Chen Dance Company  
75 Broad Street, New York, NY 10004  
New York, NY, 10004  
6467654773  
<https://nainichen.org/>

Schedule  
July 8, 2020: 3:00pm  
July 9, 2020: 3:00pm

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