

OUR NEW YORK CITY DANCE

October 15 - December 17, 2015

Odissi Beginner/Intermediate Workshop

Company: Lotus Music & Dance Venue: Simple Studios Location: Manhattan, NY ► <u>Share</u> | <u>Print</u> | <u>Download</u>



Odissi Beginner/Intermediate Workshop with <u>Bani Ray</u> Tuesdays 7:30pm-9pm October 13th – December 15th \$360 full session \$40 each drop in session

* Please note this is a bare foot class

Experience the traditional elements of the Dev Prasad Das School of Odissi dance. This workshop is open to everyone. In the first half hour students will work on the basic movements of Odissi dance. In the last hour students will work on a Nritta (a small pure dance piece). In this workshop, students will learn basic steps, torso movements, Arasas (rhythmic foot patterns), Bhanghis (sculptural poses), Sira, Griva, and Dristi Bhedas (head, neck, and eye movements), and Hasta Mudras (hand gestures).

Lotus Music & Dance
134 W. 29th Street 2nd Floor
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http://www.lotusmusicanddance.com/store/index.php/cPath/28

Schedule October 8, 2015: 8:00pm

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