

## OUR NEW YORK CITY DANCE

Monday, August 31, 2020 - Friday, January 1, 2021

## Ongoing Virtual Ballet Fitness Classes

Company: The Ballet Spot Venue: ONLINE Location: N/A, NY ► <u>Share | Print | Download</u>



Al Viciedo Photofraphy

The Ballet Spot offers 100+ monthly virtual Interactive Live Stream classes ranging from Cardio Ballet, to Barre, Pilates Mat, Stretch, Ballet Sculpt, and more, all taught by professional dancers. Classes are only \$10, and your \$10 sign up also gives you the class recording for 24 hours. No prior dance experience is needed for any of our classes. All you need for class is a little bit of space in your home and the free Zoom app.

Visit www.theballetspot.com and follow us on Instagram @theballetspot for more information.

The Ballet Spot N/A N/A, NY, 10023 http://www.theballetspot.com Schedule August 31, 2020: 10:30am, 5:30pm September 1, 2020: 8:00am, 10:30am, 5:30pm more

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