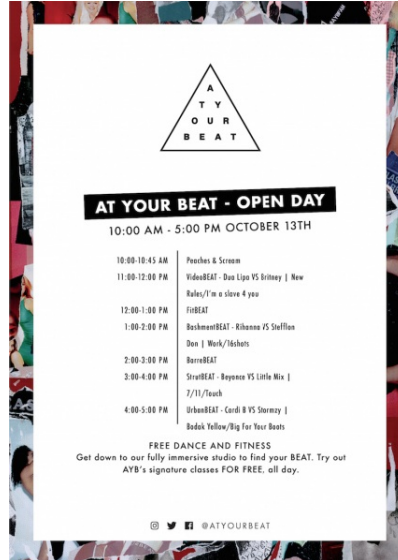


Saturday, October 13, 2018

## Open Day - Free Dance and Fitness Classes!

Company: At Your Beat  
Venue: At Your Beat NY  
Location: Brooklyn, NY

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Try London's BEST Dance Fitness Classes on Sat 13th ... For Free!

The UK's number one and most inclusive dance fitness company (who come recommended by US Vogue, Good Day NY and MTV) have touched down in NYC and are set to shake up the US fitness scene with the opening of their brand new, state of the art and fully immersive studio at Brooklyn's City Point.

As part of AYB's British invasion, NYC dance and fitness lovers are invited to try a selection of their most popular dance and fitness classes, set to a sound track of the hottest British artists VS American icons all hosted by their finest British and US instructors, all completely FREE OF CHARGE! They will even throw in a spot of afternoon tea as refreshment!

The open day will run between 10am - 5pm on Saturday 13th October at our [City Point](#) studio.

Visit the [website](#) for more info and to book!

We are here to champion you, and the REAL you. We're here to help you grow, At Your Beat. Come join the At Your Beat family!

At Your Beat  
City Point, 445 Albee Square West  
Brooklyn, NY, 11201  
3473050088  
<https://www.atyourbeat.com/new-york/timetable>

Schedule  
October 13, 2018: 10:00am

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