

December, 21-28, 2018

## Open Level Limon Class

Company: Limon Dance Company  
Venue: Gibney 280 Broadway  
Location: New York, NY

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Limón at Gibney throughout the holidays!  
Every Friday, 10:00-11:30, Open level, with live music.

Limón technique emphasizes the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness. It provides dancers with an organic approach to movement that easily adapts to a range of dance styles

Limon Dance Company  
280 Broadway (entrance 53A Chambers St)  
New York, NY, 10007  
[http://limon.org/training/open\\_classes/](http://limon.org/training/open_classes/)

Schedule  
December 21, 2018: 10:00am  
December 28, 2018: 10:00am

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