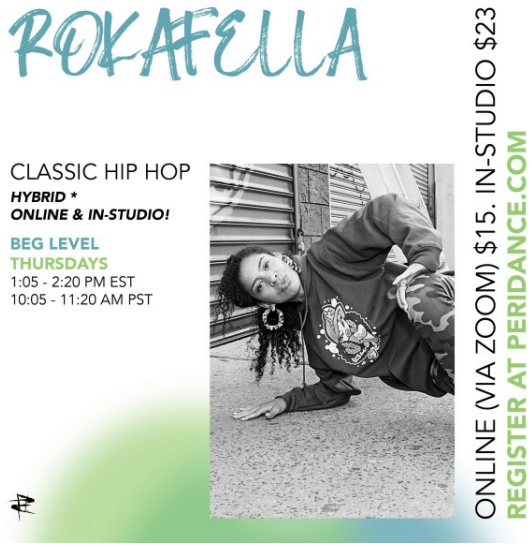
January 7 - February 11, 2021

Peridance Online: Classic Hip Hop with Rokafella

Company: Peridance Center
Venue: Peridance Center
Location: Zoom, NY



Learn the history and technique of the original styles of Hip hop dance (Popping/Breakin/UpRockin/Lockin/ New Jack Swing) that emerged in the late 70's to late 80's. Students will be dancing to the music from this era to provide context. These styles are the foundation for today's trends but also point to the moves that predate Hip hop such as Tap Dance, Capoeira, Salsa and Kung Fu. Students will view dance clips to deepen their understanding of Hip hop as a form of expression. Students must be ready to learn upper body movements as well as floor moves -including some upside down moves too.

Sneakers and comfortable clothing a must.

Hydration is key

Peridance Center
Zoom
Zoom, NY, online

Schedule
January 7, 2021: 1:05pm
January 14, 2021: 1:05pm
January 21, 2021: 1:05pm
January 28, 2021: 1:05pm
February 4, 2021: 1:05pm
February 11, 2021: 1:05pm