

October 13 - November 24, 2015

Pilates

Company: New York Theatre Ballet
Venue: New York Theatre Ballet
Location: New York, NY

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New York Theatre Ballet

Taught by Amanda Treiber, principal dancer with NYTB, this gentle Pilates class is designed to build strength, coordination, and flexibility while gaining the understanding of the muscles used and the technique of the exercises.

Drop in - \$12

10 Class Card - \$100

New York Theatre Ballet
131 East 10th Street 2nd Floor, entrance on 11th Street
New York, NY, 10003
212-679-0401
<http://www.nytb.org/ballet-school-ny/pilates>

Schedule
October 13, 2015: 7:00pm
October 20, 2015: 7:00pm
October 27, 2015: 7:00pm
November 3, 2015: 7:00pm
November 10, 2015: 7:00pm
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