

June, 26-29, 2018

## Professional Development (PD) for the People! SLMDances Summer Intensive

Company: Sydnie L. Mosley Dances  
 Venue: Brooklyn Studios for Dance  
 Location: Brooklyn, NY

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Kearra Gopee 2015

PD for the People! is a 4-day workshop open to all genders featuring movement experiences and professional development opportunities that embody the [SLMDances](#) core values: Dreaming, Individuality, Activism, Community, Authenticity and Learning. "I enjoy creating containers in which people can be nourished in multiple ways," reflects Founder & Artistic Director Sydnie L. Mosley. Whether you participate in just one workshop or join us for the full experience, we look forward to collectively nourishing our bodies, minds, and creative spirits.

Artists who are able to participate in the full program will be invited to perform in the closing Showing on Friday at 6pm. Those who cannot participate in the full program will receive a discounted ticket to the closing Showing.

### Tuesday - Thursday Schedule

1-4pm: Technique Class & Rep (see below for description)  
 5-8pm: Professional Development (see below for descriptions)

### Friday Schedule

10am-12pm: [SLMDances Audition](#) (Open to any woman attending Technique & Rep classes during this week)  
 1-4pm: Technique Class & Rep  
 5-8pm: Showing at 6pm (Open to the Public)

### Technique Class and Repertory Workshop Description

SLMDances believes that every human should have the opportunity to cultivate an understanding of their own physical instrument as an access point to discovering who they are as a person. We open class by checking in with our individual bodies, and by doing so check in with one another. We make eye contact. Breathe together. Then, our movement journey travels fluidly between modern dance techniques, somatics, improvisation, and movement of the African Diaspora. Once our bodies are warm and active, we will explore phrases from SLMDances' repertory and participate in the development of a new creation.

Dancers are expected to participate for the full time each day.

### Professional Development Workshop Descriptions

PD1: (June 26) Life Skills for the Artist Who Wears Too Many Hats

Are you an artist and/or freelancer feeling like there isn't enough time for all the things you have to do? In this workshop, you will clarify your personal values and your own definition of success. Grounded in this work, you will walk away with tools to more successfully manage your multiple roles, as well as achieve personal and professional goals.

PD2: (June 27) BodyBusiness Resource Sharing: getting what you NEED with what you HAVE

Through a series of artist-guided activities, SLMDances will share practices that work towards a cooperative economy based on trust, value transparency and accountability, all while honoring individual voices. In this session, artists will reflect on what they have & what they need, equitably distribute resources, experience how a cooperative economy operates, and together, find ways to shift the culture in our day-to-day.

PD3: (June 28) Making Socially Engaged Dance

In this process-based workshop, SLMDances shares tools and best practices for creating dance with and for communities. Founder Sydnie L. Mosley will share who SLMDances is, what they do and how they do it. Dancers will participate in movement activities that build trust and accountability. Other exercises will model how to create dance work that explores strategies to respond to social justice issues. Dancers should bring paper and a writing utensil, as well as be ready to move.

Brooklyn, NY, 11238

<https://www.eventbrite.com/e/professional-development-pd-for-the-people-sldances-summer-intensive-tickets-45652352415?aff=efbeventix>

June 27, 2018: 1:00pm

June 28, 2018: 1:00pm

June 29, 2018: 1:00pm

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