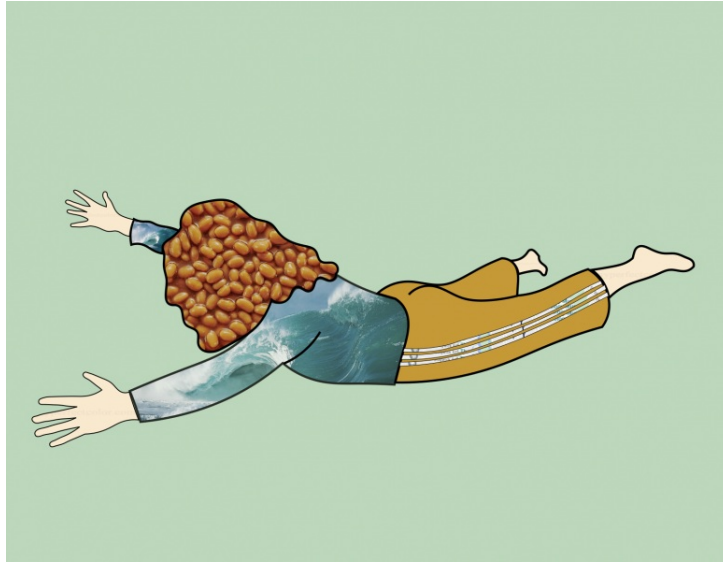


May 1 - June 26, 2022

Queer Body Pilates Zoom Class

Company: Queer Body Pilates
Location: Brooklyn, NY

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Illustrated by Em Papineau

LOVE AND LIBERATE YOURSELF

Pilates Mat classes that are not just "accepting" of you but FOR YOU.

Facilitated by Sofia Engelman on Zoom

Queer Body Pilates centers queer, trans, and fat folx. However, you don't need to claim these identities to attend this class. I understand and approach "queer" not just as a label pertaining to gender identity and sexuality but also the action of queering: to question, reorient, and make strange. If you have a bodily experience of non-normativity, these offerings are intended to celebrate you.

Sliding Scale \$12-35 per class or \$50-160 for 5 classes. No registration; just show up (payment instructions in chat)!

Have a Yoga Block (or stack of books) and 1-3lbs weights (or cans of soup/beans) on hand.

Weekly Zoom Meeting ID: 601 463 2483

Rev Live Captions provided.

Learn more: <https://www.queerbodypilates.com/>

Queer Body Pilates
Zoom
Brooklyn, NY, 11216
<https://www.queerbodypilates.com/>

Schedule
May 1, 2022: 9:00am
May 8, 2022: 9:00am
May 15, 2022: 9:00am
May 22, 2022: 9:00am
May 29, 2022: 9:00am
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