February 1 - May 17, 2019

Real Pilates Teacher Training NYC

Company: Real Pilates Teacher Training
Venue: Real Pilates Soho
Location: NYC, NY

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Become a part of something Real. All Pilates starts here.

If you want to be a Pilates teacher, a great career match for movers of all kinds, there are dozens of ways to become one. All kinds of hybrid and fusion inspired Pilates techniques can take you into the fitness field. But there's only one path back in time to the original work. Real Pilates trains you from the source, the primary technique and methods created by Joseph Pilates himself.

Mr. Pilates gave his signature body of work to teacher Romana Kryzanowska and she gave it to Alycea Ungaro. Now we offer them to you through our Real Pilates Teacher Training program.

You'll learn every exercise, every variation and every piece of equipment ever created by Joseph Pilates. You'll learn how to train, how to challenge and how to truly inspire your clients.

*Over four seminars weekends, and 600 hours of practical and academic study*you'll become a bona fide expert in the classical system that was Joseph Pilates' life's work. As a 3rd generation instructor, you'll get to carry on his legacy.

Pilates starts here. Learn the practice the way "Uncle Joe" invented it. We can show you how!

APPY NOW: Our upcoming February Cycle has only a few spots left, and we would love for you to join us!

February Cycle 13 Seminar Dates:

Beginner: February 1 - 3, 2019
Intermediate I: March 8 - 10, 2019
Intermediate II: April 12 - 14, 2019
Advanced: May 17 - 19, 2019

All seminars are scheduled from 1PM - 7PM (Fri-Sat) 9AM - 3PM (Sun)

To apply, fill out an application at www.realpilates.com/application

For more information visit our site at www.realpilates.com or email your questions to rptt@realpilatesnyc.com

Real Pilates Teacher Training
333 Hudson St Suite 406
NYC, NY, 10013

Schedule
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April 12, 2019: 1:00pm
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