

March, 18-19, 2017

Reformer II with Lesley Powell

Company: Studio 26 & Balanced Body University

Venue: Studio 26

Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)



Mark Weinberg

Reformer II (16 hours)

Feb. 11 & 12. 12-8pm

Earlybird \$549, Regular \$599

Course Materials \$80

To Register:

www.pilates.com/education-finder

choose Educator Studio 26 or call 877-745-2837

Intermediate Exercises

Prerequisite: Reformer I

Reformer II includes intermediate exercises and modifications designed for group and individual instruction. Teaching successful classes and sessions to clients at different levels of ability is emphasized. Included are a variety of programs designed to keep your clients inspired.

The Balanced Body Pilates instructor training program is designed to create thoughtful, creative and successful Pilates teachers. Our curriculum emphasizes the principles underlying each exercise. Our master instructors have a wide variety of Pilates backgrounds from classical to contemporary to fitness and bring their exceptional depth of experience to the training. Our manuals are considered to be some of the best in the industry and for more in depth study, we have produced an accompanying video for each Mat, Reformer and Apparatus module.

Studio 26 & Balanced Body University
250 W 26th Street Suite 402
New York, NY, 10001

Schedule

March 18, 2017: 12:00pm

March 19, 2017: 12:00pm

[< back](#)

[previous listing](#) • [next listing](#)