October 28 - December 23, 2025

Rooted to Flow

Company: Threads of Truth
Venue: Groove with Me Inc
Location: New York, NY

Diachi T

Rooted to Flow is a Contemporary workshop combining West African djembe traditional dance fundamentals of rhythmic acuity, smooth and ground weight shifts with modern dance influences from Horton and Limon to flow through long and sustained lines and embodied spirit.

Threads of Truth
1785 Park Ave. 3rd Floor
New York, NY, 10035
https://www.threadsoftruthinc.com/store

Schedule
October 28, 2025: 10:00am
December 23, 2025: 12:00pm

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