

Saturday, February 8, 2020

Runway & Vogue

Company: Ailey Extension
Venue: The Joann Weill Center for Dance
Location: New York, NY

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Runway with Dominique A. Jackson

Dominique A. Jackson (Tyra Margiela) guides you through poses, exercises, challenges and creative ideas to increase your confidence for the runway.

Within this class you'll learn to walk the runway from a Ball to New York Fashion Week. A small warm up is introduced at the beginning of class to loosen up and strengthen your ankles to be heel ready. Runway is a category in the ballroom scene that was first known as Model's Effect. Ms. Jackson will share the timeline of runway in the ballroom scene and how the style has changed.

New Way Vogue with Jason Rodriguez

Discover one of the styles of vogue called New Way Vogue, seen in mainstream media by voguers such as Willi Ninja, Jose, Luis, and Derrick Xtravaganza.

The class begins with a core conditioning warm up, pushup series and a stretch series to prep your body to vogue. This form works on precision with your arms to create lines, shapes and face framing movements. This element is called Arms Control. You also work on creating model-like poses to the beat of the music, duck walks and dips to seal your entire dance paragraph of vogue.

Ailey Extension
405 W 55th st
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<https://www.aileyextension.com/workshops/runway-vogue>

Schedule
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