

Sunday, July 28, 2019

ShaktiDance Workshop with Mishaal

Company: CRS (Center for Remembering & Sharing)

Venue: CRS (Center for Remembering & Sharing)

Location: New York, NY

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CRS invites you to celebrate and explore the divine feminine with Bali-based sacred dance artist Mishaal!

Shakti Dance Circle, is a gently guided, free flowing, sacred sensual healing dance for women, based in the mystical roots of bellydance, and sacred temple dance. We use a language of sacred geometry, tracing circles, spirals, serpentine waves, infinity loops, and shimmies throughout our body, cultivating our Shakti flow, and honouring the divine feminine within. In Sanskrit, Shakti, means goddess, and power. Shakti is the primordial cosmic energy, and the creative force within us all. All Women are welcome, no dance experience necessary. There is no counting, no choreography, nothing to memorize.

your body is your temple
relax your mind
awaken body and soul

celebrate the goddess within.

— Love, Mishaal

The workshop is \$70 in advance and \$80 on the day of the workshop. Please wear clothing appropriate for dancing. Long skirts are fine (as in the photo). You will probably want to also bring a bottle of water.

[Mishaal] I've been sharing sacred dance offerings around the world for over 30 years. I love dancing barefoot in nature, connecting with the elements, the spirit of the land, and the ancient ones. As a professional dancer, and instructress, I weave my life long taste for the deep and mystical into my art, and my classes. I love coming together with women in circle, where we can relax, awaken, transform, and honour our divine feminine essence through dance and sisterhood. I am devoted to bringing the healing energy of feminine wisdom, beauty, and love out to our world through dance. Its time.

with love,
in sisterhood,
Mishaal
<https://devadasistudio.com>

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<https://bit.ly/2ROVKE5>

Schedule
July 28, 2019: 12:00pm

[< back](#)

[previous listing](#) • [next listing](#)