

December, 1-29, 2013

Slow Intermediate Ballet with Mary Burns

Company: NYC Dance Week
Venue: Roy Arias / 777 Studios
Location: New York, NY

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A two (2) hour ballet class that begins with 30 minutes of Pilates and Floor Barre-based exercised to properly cue the right muscle groups, then barre and center, including a live musician at the piano to fully encompass the joy of dance – this class will benefit all levels!...

NYC Dance Week
777 8th Avenue
New York, NY, 10036
<http://nycdanceweek.org/weekly-classes>

Schedule
December 1, 2013: 8:00pm
December 8, 2013: 8:00pm
December 15, 2013: 8:00pm
December 22, 2013: 8:00pm
December 29, 2013: 8:00pm

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