Saturday, May 3, 2014

Soar into Spring: Live Music Yoga Master Class

Company: The Perri Institute for Mind and Body
Venue: The Perri Institute for Mind and Body at Gibney Dance
Location: New York, NY

Sophie Kuller Photography - http://sophiekuller.4ormat.com/#1

TaraMarie Perri's signature creative teaching style will weave the breath into the dynamically rich soundscape as created by guest musician, Shane Shanahan of Yo-Yo Ma's Silk Road Ensemble. Students will be part of a yoga experience like no other. Responding to the muses of movement and music, the body and mind will be lured into the spirit of the upcoming season.

Open level; not recommended for beginners.

The Perri Institute for Mind and Body | Gibney Dance | 280 Broadway/entrance 53 Chambers St, NYC

$25

Register online here. For more information, email info@mindbodydancer.com or call 917.830.6392

MBD Seasonal Live class events are held quarterly to honor the seasons of the year. Guest musicians for these celebratory collaborations are: Shane Shanahan of Yo-Yo Ma's Silk Road Ensemble, Jack Morer, and Kyle Olson.

The Perri Institute for Mind and Body
280 Broadway (Entrance at 53 Chambers St)
New York, NY, 10016
917.830.6392
http://www.perriinstitute.com/products-page/workshops/seasonal-yoga-workshops-with-live-music/

Schedule
May 3, 2014: 6:00pm