

March 26 - July 30, 2014

Soca & Caribbean Dance/Fitness Class: !WUKKOUT!™

Company: Krista Martins
Venue: Aspire 2 Dance
Location: Brooklyn, NY

► [Share](#) | [Print](#) | [Download](#)

[!WUKKOUT!™](#) is a Caribbean based dance fitness class, designed by [Krista Martins](#), guaranteed to make you have fun and sweat like you're at Carnival! Find your groove while increasing your fitness level with body sculpting "wining" techniques that give you an intense aerobic workout to soca and calypso music.

Classes are \$10 and will run *Wednesdays from 6:30-7:30pm* at Aspire 2 Dance in Bed-Stuy, Brooklyn.

Bring yuh rag, bring yuh flag, and get ready to !WUKKOUT!™

<http://thisiskristamartins.com/wukkout/>

<http://thisiskristamartins.com/blog/2014/3/12/wukkout-is-coming-back-to-bed-stuy.html>

Krista Martins
1195 Bedford Avenue
Brooklyn, NY, 11235
<http://thisiskristamartins.com/contact/>

Schedule
March 26, 2014: 6:30pm
April 9, 2014: 6:30pm
April 23, 2014: 6:30pm
April 30, 2014: 6:30pm
May 7, 2014: 6:30pm
[more](#)

[< back](#)

[previous listing](#) • [next listing](#)