Friday, September 14, 2012

Steele Pilates Mat Certification

Company: Dance New Amsterdam
Venue: Dance New Amsterdam
Location: New York, NY

The Steele Pilates Mat Certification will teach the principles basic to Pilates and Personal Training. The students will learn how to teach and perform the Pilates Mat Exercise Series in its original order.

Dance New Amsterdam
280 Broadway entrance at 53 Chambers St.
New York, NY, 10007
212.625.8369
http://www.dnadance.org/site/education/certifications/steelepilates/3/

Schedule
September 14, 2012: 3:00pm

< back

previous listing • next listing