

Sunday, June 5, 2022

Stott Pilates Reformer Certification Course

Company: MB3
Venue: Attuned Movement
Location: New York, NY

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The poster is divided into two main sections. The left section has a light blue background and contains the text: 'STOTT PILATES' in a large, bold, sans-serif font, followed by 'BECOME A CERTIFIED PILATES REFORMER INSTRUCTOR!' in a smaller, bold, sans-serif font. Below this, it says 'LOCATION: 41 WEST 83RD STREET. NEW YORK CITY' in a smaller, bold, sans-serif font. The right section has a white background and features a photograph of a woman in a blue tank top and purple leggings performing a Pilates reformer exercise on a wooden machine, with another woman in a blue tank top standing behind her, possibly an instructor. Below the photo, the text reads: 'INTENSIVE REFORMER CERTIFICATION COURSE' in a large, bold, sans-serif font, followed by 'JUNE 5-10, 16-23, 30' in a smaller, bold, sans-serif font. Below that, it says '50 HOURS INSTRUCTION, 3/4 HOURS PER DAY' and 'STARTING AT 5:45 PM ON WEEKDAYS AND 1 PM ON WEEKENDS.' in a smaller, bold, sans-serif font. At the bottom, the website 'WWW.MB3NEWYORK.COM' is listed in a smaller, bold, sans-serif font.

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This course is intended for those already working in the fields of fitness or dance. Conducted over 15 days, 3 hours a day. It teaches you to design and lead the Level 1 Essential and Intermediate STOTT PILATES Reformer repertoire for personal or group training settings for a range of clients. You will leave with a solid foundation and required skills to develop effective and motivating Pilates Reformer programs. More information in this link: <https://mb3newyork.com/pilates/stott-pilates-certification-courses/>

MB3
41 West 83rd Street
New York, NY, 10024

Schedule
June 5, 2022: 6:00pm

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