

June, 15-20, 2020

## Summer Fling - a week of Virtual Celebration

Company: abunDANCE with keo®  
Location: Brooklyn, NY

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LIVE IN ABUNDANCE PRESENTS: abunDANCE with keo

# SUMMER FLING

Celebrating 6 years of celebrating and spreading abunDANCE

**ABD SUMMER FLING ONLINE SCHEDULE 6/15-6/20**

**Mon 6/15:** FREE DANCE PARTY Launch class 4p PST/ 7P EST

**Tuesday 6/16:** abunDANT Fitness 3P PST/ 6P EST

**Tuesday 6/16:** Yoga and Guided Meditation 4P PST/ 7P EST

**Wednesday 6/17:** Afrobeat Fit® 3P PST/ 6P EST

**Wednesday 6/17:** Twerkout 5P PST/ 8P EST

**Thursday 6/18:** Twerkout 3P ST/ 6P EST

**Thursday 6/18:** Modern Dance 4P ST/ 7P EST

**Friday 6/19:** Intro to Hip Hop 4P PST/ 7P EST

**Saturday 6/20:** Twerkout 10A PST/ 1P EST

**Saturday 6/20:** abunDANT Fitness 11A PST/ 2P EST

Learn more: [www.abundancewithkeomi.com/Fling](http://www.abundancewithkeomi.com/Fling)  
Email us at: [info@abundancewithkeo.com](mailto:info@abundancewithkeo.com)

V wells Studio

Join me as we restore, replenish and celebrate the abundance within each of us. abunDANCE with keo® is celebrating it's 6th anniversary and we are celebrating the whole week, VIRTUALLY. We have additional dance classes, guest instructors and much more.

We are launching our Summer Fling with a FREE LIVE class, and continuing the week with Twerkout, Yoga and Guided Meditation, Modern Dance, Afrobeat Fit® and much more. Check out the classes below, and get your Summer Pass today! [www.abundancewithkeomi.com/fling](http://www.abundancewithkeomi.com/fling)

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abunDANCE with keo®  
Anywhere and Everywhere - Virtual Celebration  
Brooklyn, NY, 11217  
<http://www.abundancewithkeomi.com/fling>

Schedule  
June 15, 2020: 7:00pm  
June 16, 2020: 7:00pm  
June 17, 2020: 6:00pm  
June 18, 2020: 7:00pm  
June 19, 2020: 7:00pm  
June 20, 2020: 1:00pm

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