

FOR AUDIENCES

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September 28 - October 2, 2020

THE BRIDGE: Move & Flow with Nai-Ni Chen's Virtual Dance Institute

Company: NAI-NI CHEN DANCE COMPANY

Venue: NAI-NI CHEN DANCE COMPANY

Location: Fort Lee, NJ

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Lois Greenfield

THE BRIDGE

Nai-Ni Chen Virtual Dance Institute

Experience the boundary-breaking dances from the BIPOC Community

Free 1-hour virtual class online Together on Zoom!

Open to All Dancers at Intermediate/Advanced Level

~~meet the artists after the class~~

Monday, Wednesday, Friday at 11:00 AM EST

Tuesday, Thursday at 7:00 PM EST

Register at <https://nainichen.org/the-bridge-3/>

Monday, Sept. 28 @ 11 AM EST

Kinetic Spiral with Greta Campo

Associate Artistic Director Greta Campo will teach the Company's signature technique: Kinetic Spiral.

Tuesday, Sept. 29 @ 7 PM EST

FLOW with Andrew Pacheco

Andrew Pacheco created FLOW method for ANTI-GRAVITY 1990, a professional dance and gymnastics company, to help the performers maintain healthy joints & muscles while meeting the demands of the choreography.

Wednesday, Sept. 30 @ 11 AM EST

Kinetic Spiral with Nai-Ni Chen

Nai-Ni Chen will teach her signature technique: Kinetic Spiral.

Thursday, Oct. 01 @ 7 PM EST

Kinetic Spiral with Yuka Notsuka

Company Member Yuka Notsuka will teach the Company's signature technique: Kinetic Spiral.

Friday, Oct. 02 @ 11 AM EST

Contemporary with Zoe Rabinowitz

Rabinowitz's YSDT-style master classes offer an environment of technical and artistic exploration for dancers of all levels. The floor-based warm up draws on anatomic principles, pilates, and yoga to strengthen and warm the body in preparation for movement, which includes improvisational exercises and repertory phrases to enhance participants' access to their own authentic voice.

Guest Artist Bios:

Andrew Pacheco toured with Nai-Ni Chen company to China in 2015 as a resident instructor. He started his career as a USA National level competitor in Gymnastics, then trained to become a professional dancer. Highlights include working with Mark Morris, Donald Byrd Company, Philodanco, Doug Elkins, Lar Lubovich, Micheal Swain, Graciella Daniele, Bill Irwin, Gillian Lynne, Peter Sellars, Graham Murphy, Harold Prince, Jerry Mitchell, Robert Lepage as well as several productions on Broadway, Metropolitan Opera, NYCO, Radio City Music Hall. He was also in the

Woody Allen film *Everyone says I love you* and many TV Commercials. Mr. Pachó co-founded the Gymnastics dance company ANTI-GRAVITY, working as co-director and choreographer. Mr. Pachó also has a long-standing working relationship with Lois Greenfield, renowned Dance photographer.

Zoe Rabinowitz, Associate Artistic Director of Yaa Samar! Dance Theatre (YSDT), graduated from the Walnut Hill School for the Arts before earning her BFA in Dance from the Ailey/Fordham BFA program. In addition to her work as a founding member and principal performer with YSDT, Zoe has performed with companies such as INSPIRIT, JoAnna Mendl Shaw/Equus Projects, MBDance, Nia Love/Blacksmith's Daughter, Urban Bush Women, and Anne Zuerner. Her own work for stage and film has been presented at festivals nationally and abroad in Austria, Bulgaria, Germany, Mexico, and South Korea. As a teaching artist, Zoe has offered workshops and master classes in Germany, Japan, Jordan, Palestine, South Korea and throughout the U.S.

NAI-NI CHEN DANCE COMPANY

Zoom web platform

Fort Lee, NJ, 07024

8006500246

<https://nainichen.org/the-bridge-3/>

Schedule

September 28, 2020: 11:00am

September 29, 2020: 7:00pm

September 30, 2020: 11:00am

October 1, 2020: 7:00pm

October 2, 2020: 11:00am

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