June, 21-25, 2021

THE BRIDGE~ Nai-Ni Chen Virtual Dance Institute (free!)

Company: NAI-NI CHEN DANCE COMPANY
Venue: Online
Location: Worldwide (EST/ NYC time zone), NJ

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Nai-Ni Chen Dance Company

THE BRIDGE~
Nai-Ni Chen Virtual Dance Institute
of boundary-breaking dance experiences from leading dance makers and teachers from diverse communities

This week's guest artist:
Potri Ranka Manis

Open to All Dancers at an Intermediate to Advanced Level
~meet the artists after the class~
Monday through Friday at 11:00 AM EST
Free 1-hour Virtual Master Class!

~Upcoming Sessions on The Bridge

~Mon. June 21, 11 AM EST
~Kinetic Spiral with Greta Campo
Greta Campo is the Associate Artistic Director of the Nai-Ni Chen Dance Company. She began her dance training in her native Milan at the Carcano Theater, where she was first introduced to Martha Graham's work. She performed with the Martha Graham Dance Company in their 2012 New York Season and later on their international tour. Greta is a recipient of the 2016 Rising Star Award from the Fini Dance Festival.

~Tues. June 22, 11AM EST
~GyroKinesis with Rio Kikuchi
GyroKinesis is a slow, fluid exercise practice based on the natural elements of spinal movement. By gently working the joints and muscles through rhythmic and undulating movements coupled with calming breath patterns, the exercises stimulate the body's internal organs while corresponding breathing patterns stimulate the nervous system, open up energy pathways, and oxygenate the blood. Born in Tokyo, Japan, Rio Kikuchi began ballet training at Studio Benus. She took the Summer Intensive at the Kirov Academy of Ballet in Washington, DC in 2015. In 2017, Rio moved to New York and was offered a Scholarship to study at The School of Alvin Ailey American Dance Theater. She performed with Alvin Ailey Dance Theater at the New York City Center in 2018. A member of the Nai-Ni Chen Dance Company, Rio is also a certified GyroKinesis instructor.

~Wed. June 23, 11 AM EST
~Kinetic Spiral with Nai-Ni Chen
Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

~Thurs. June 24, 2021
~Potri Ranka Manis teaches Philippine Dance (Melayu-heritage)
Join an interactive, 1-hour exploration and adventure into the mythical world of Mindanao, southern Philippines, where earth meets the water and its kingdom hidden in the clouds. Witness the interrelationships among the enchanted birds, fish, reptiles and human worlds: a Dance storytelling experience. Potri Ranka Manis Queano Nur is the Founder/Artistic Director and Tradition-Bearer of Kinding Sindaw, and a Storyteller. On July 23, 2005 Potri was enthroned as Bai a Labi a Gaus sa Borocot by the representatives from the 17 Pagawidan a Ranao in Marawi City, Lanao del Sur. She is an artist-teacher on the faculty of Lotus Fine Arts. Also a practitioner in Theater of the Oppressed and a

producer and actor in Newyorkustan, directed by Steven de Castro, Potri is an artist-activist who campaigns for the self-determination of the Moro and indigenous people.

~Fri. June 25, 11AM EST
~Yuka Notsuka teaches Kinetic Spiral
Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

~~~ Experience the power of diverse dance!

NAI-NI CHEN DANCE COMPANY	Schedule
Zoom web platform (FREE)	June 21, 2021: 11:00am
Worldwide (EST/ NYC time zone), NJ, 07024	June 22, 2021: 11:00am
https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEh	June 23, 2021: 11:00am
PcIpkP2_-a3VKKYo3s7DsJgDOJOJbzng/viewform?	June 24, 2021: 11:00am
fbclid=IwAR22rCRd0SvqujtnkiSltWOD4XTv7mpk36rXqmOAMS97fI	June 25, 2021: 11:00am
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