

## FOR AUDIENCES

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August, 3-5, 2021

### THE BRIDGE: Nai-Ni Chen Virtual Dance Institute (free!)

Company: NAI-NI CHEN DANCE COMPANY

Venue: Online

Location: Worldwide (EST/ NYC time zone), NJ

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Nai-Ni Chen Dance Company

#### THE BRIDGE:

Nai-Ni Chen Virtual Dance Institute  
of boundary-breaking dance experiences from leading dance makers and teachers from diverse communities

*This week's guest artist:*  
*Andrij Cybyk*

Open to All Dancers at an Intermediate to Advanced Level

~meet the artists after the class~

Monday through Thursday at 11:00 AM EST

NO FRIDAY CLASSES for the SUMMER SCHEDULE

[Free 1-hour Virtual Master Class!](#)

~~Upcoming Sessions on The Bridge

~Mon. Aug. 2, 11AM EST

~Yuka Notsuka teaches Kinetic Spiral

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

~Tues. Aug. 3, 11 AM EST

~GyroKinesis with Rio Kikuchi

Gyrokinesis is a slow, fluid exercise practice based on the natural elements of spinal movement. This includes gently working the joints and muscles through rhythmic and undulating movements coupled with calming breathing patterns. A member of the Nai-Ni Chen Dance Company, Rio is a certified Gyrokinesis instructor.

~Wed. Aug. 4, 11AM EST

~Nai-Ni Chen teaches Kinetic Spiral

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Nai-Ni Chen has been hailed as a Spiritual Choreographer by Dance Magazine and recipient of multiple choreographic fellowships from the National Endowment for the Arts and New Jersey State Council on the Arts. Chen has been creating dances professionally for over thirty years in the United States. She has built a diverse repertory of over 80 original works and toured to major venues in the US and international contemporary dance festivals in 12 countries. She will be teaching her signature technique KINETIC SPIRAL which is a blend of the dynamic, ever-evolving spirit of contemporary dance and the grace and splendor of the Chinese artistic traditions.

~Thurs. Aug. 5, 11 AM EST

~Ukrainian Dance with Andrij Cybyk

Take a Ukrainian Dance class with master teacher, Andrij Cybyk. Andrij Cybyk has devoted his professional career to the study and performance of traditional dance, largely of the Eurasian Region. He holds the title of Artist of Folk Ballet from the Virski School of Academic Ukrainian Folk Dance in Kyiv, Ukraine. Andrij has toured the world performing the traditional dances of the Eurasian region with companies such as Riverdance, the Duquesne University Tamburitzans, Nai Ni Chen Dance Company, ALLNATIONS Dance Company, Barynya, and Michael Mao Dance, among others. He is the former Artistic Director of the Syzokryli Ukrainian Dance Ensemble of NYC and the current Artistic Director of the Iskra Ukrainian Dance Ensemble and Academy of Whippany, NJ.

~NO CLASS FRIDAY, August 6 ~

We are on the Summer Schedule !

Please register for our free virtual ZOOM class links! -->>[https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2\\_-a3VKKYo3s7DsJgDOJOJbzng/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2_-a3VKKYo3s7DsJgDOJOJbzng/viewform)

~\*~\* Experience the power of diverse dance! \*~\*~

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NAI-NI CHEN DANCE COMPANY

Zoom web platform (FREE)

Worldwide (EST/ NYC time zone), NJ, 07024

[https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2\\_-a3VKKYo3s7DsJgDOJOJbzng/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2_-a3VKKYo3s7DsJgDOJOJbzng/viewform)

Schedule

August 3, 2021: 11:00am

August 4, 2021: 11:00am

August 5, 2021: 11:00am

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