

Monday, September 21, 2020

THE BRIDGE: Nai-Ni Chen Virtual Dance Institute...dance experiences from the BIPOC Community

Company: NAI-NI CHEN DANCE COMPANY
 Venue: NAI-NI CHEN DANCE COMPANY
 Location: Fort Lee, NJ

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Nai-Ni Chen Dance Company

THE BRIDGE

Nai-Ni Chen Virtual Dance Institute
 Experience the boundary-breaking dances from the BIPOC Community
 Free 1-hour virtual class online Together on Zoom!
 Open to All Dancers at Intermediate/Advanced Level
 meet the artists after the class
 Monday, Wednesday, Friday at 11:00 AM EST
 Tuesday, Thursday at 7:00 PM EST

Register at <https://nainichen.org/the-bridge-3/>

Monday, September 21st

11 AM

Greta Campo teaches KINETIC SPIRAL

Tuesday, September 22nd

7 PM

Miki Orihara teaches Graham MODERN technique

Wednesday, September 23rd

11 AM

Nai-ni Chen teaches KINETIC SPIRAL

Thursday, September 24th

7 PM

Yuka Notsuka teaches KINETIC SPIRAL

Friday, September 25th

11 AM

PeiJu Chien-Potts teaches Graham MODERN technique -- Contraction and Release, two principal actions of Martha Graham technique will be explored. The floor exercises is used to practice the control of your core muscles, pelvis and back in order to initiate more complex movements later. The standing work focuses on using gravity to sustain balance while strengthening the use of the torso, the extremities, and challenging weight changes that define the Graham vocabulary.

Peiju Chien-Pott joined the Graham Company in 2011. She received the Positano Premia La Danza 2014 award for Best Contemporary Dancer, was named one of the year's "Best Performers" in 2014 and 2017 by Dance Magazine, was an honoree of the "Women's History Month" by Hudson County and received a 2017 Bessie award for Outstanding Performer. Ms. Chien-Pott has created lead roles by many of

the world's most celebrated choreographers including Nacho Duato, Mats Ek, and Andonis Foniadakis. She graduated with a BFA. from Taipei National University of the Arts, and has since been honored with their Outstanding Alumni Award. She recently received an Outstanding Dance Artist Award from the government of Taiwan.

NAI-NI CHEN DANCE COMPANY
Zoom web platform
Fort Lee, NJ, 07024
8006500246
<https://nainichen.org/the-bridge-3/>

Schedule
September 21, 2020: 11:00am

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