

Sunday, May 5, 2024

## Table of Silence Meditation Variation

Company: Buglisi Dance Theatre

Venue: Buglisi Dance Theatre YouTube channel

Location: New York, NY

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Photo by Paul B. Goode

Buglisi Dance Theatre invites you to participate in a Call to Action for Peace through the weekly [meditation variation](#) with breath and the repetition of the twelve gestures of the Table of Silence Project. Together, we create a powerful movement mantra connecting humanity and manifesting a universal vibration of healing for global unity and peace. Free on [YouTube.com/buglisdance](https://www.youtube.com/buglisdance).

[Click Here for direct link](#) to the May 5, 2024 meditation and Live Chat at 10:20AM.

Buglisi Dance Theatre  
400 West 43rd Street Suite 43E  
New York, NY, 10036  
N/A

<https://www.youtube.com/watch?v=eHhSvYc1hfk>

Schedule

May 5, 2024: 10:30am

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