

November, 4-11, 2015

Take a FREE stress-relief movement class!

Company: Full Force Dance Repertory

Venue: Bailey's Cafe

Location: Brooklyn, NY

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Farah Francois

According to the Centers for Disease Control and Prevention, 90% of all illnesses are stress related. Not only is stress dangerous, but it can disrupt and cause serious harm to your body.

Have any stress you want to relieve? Then come and take Full Force's stress relief movement class!

Date: Wednesday, November 4th & Wednesday, November 11th, 2015

Time: 6:30pm-8:00pm

Place: Bailey's Cafe

324 Malcolm X Blvd. (Between Decatur St. & Bainbridge St.)

Brooklyn, N.Y. 11233

Price: Donation

RSVP is required as spots are limited. E-mail info@FullForceDance.net to reserve your spot today.

Full Force Dance Repertory
324 Malcolm X Blvd Between Decatur St & Bainbridge St.
Brooklyn, NY, 11233
<http://www.FullForceDance.net>

Schedule
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November 11, 2015: 6:30pm

[< back](#)

[previous listing](#) • [next listing](#)