

October, 25-28, 2021

The Bridge: Week of 10/25/21 continues Mon-Thurs, 10AM EST

Company: NAI-NI CHEN DANCE COMPANY

Venue: Online

Location: Fort Lee, NJ

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NNCDC

***The Bridge has changed to
10 AM EST -- Please make a note of it!

THE BRIDGE~~

Nai-Ni Chen Virtual Dance Institute
of boundary-breaking dance experiences from leading dance makers and teachers from diverse communities

~~Monday, Oct. 25, 2021 10AM

Kinetic Spiral

~Greta Campo

Tapping into the creative energy of the universe through Kinetic Spiral. Dance phrases from Nai-Ni Chen's repertory will be taught by Greta Campo, the Associate Artistic Director of the Nai-Ni Chen Dance Company. She began her dance training in her native Milan at the Carcano Theater, where she was first introduced to Martha Graham's work. They also performed with the Martha Graham Dance Company in their 2012 New York Season and later on their international tour.

~~Tuesday, Oct. 26, 2021 10 AM

Yuan Zhang

~WuShu

Wushu is a form of contemporary Chinese martial arts that blends elements of performance and martial application. Wushu training emphasizes: quickness, explosive power, and natural, relaxed movement. The wushu practitioner must combine flexibility with strength, speed with flawless technique, fierce intent with effortless execution. Master Yuan Zhang is a national and international Wushu champion, teacher and coach of national and international Wushu and Taichi competitions. His students are in Hollywood movies and law enforcement.

~~Wednesday, Oct. 27, 2021 10AM

Kinetic Spiral

~Yuka Notsuka

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Nai-Ni Chen has been hailed as a Spiritual Choreographer by Dance Magazine and recipient of multiple choreographic fellowships from the National Endowment for the Arts and New Jersey State Council on the Arts. Yuka Notsuka was born in Fukuoka, Japan, and later moved to New York City to further pursue her career as a dancer. She performed in Ailey Spirit Gala Concert at Lincoln Center choreographed by Tracy Inman (Co-Director, The Ailey School) and Robert Battle (Artistic director of Alvin Ailey American Dance Theater). Yuka then joined the Nai-Ni Chen Dance Company in 2017.

~~Thursday, Oct. 28, 2021 10AM

Belly Dance

~Layla Ogasawara

This class will combine yoga and strengthening exercises, followed by isolation and belly dance combinations.

++ Please register online for our FREE Zoom class links -->>

https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPcIpkP2_-a3VKKY03s7DsJgDOJOJbznq/viewform

~~~Experience the power of diverse dance!

Fort Lee, NJ, 07024

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October 26, 2021: 10:00am

October 27, 2021: 10:00am

October 28, 2021: 10:00am

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