

November, 21-22, 2020

## The Keystone of the Arch: Embodied 100 Years Vision - with Tammy Johnson & Yalini Dream

Company: Hope Mohr Dance/The Bridge Project  
 Venue: Online via Zoom  
 Location: San Francisco, CA

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Yalini Dream by Jendog Lonewolf

HMD's 2020 Bridge Project [POWER SHIFT: Improvisation, Activism, and Community](#) presents

The Keystone of the Arch: Embodied 100 Years Vision co-facilitated by Yalini Dream & Tammy Johnson, is an art and activism workshop for artists, educators, activists, nonprofit professionals, and anyone interested in how embodiment can support social change. No movement background is necessary.

Saturday & Sunday NOVEMBER 21 - 22, 2020, 12 PM - 5 PM (PDT)

This is an online event taking place on Zoom. You will receive a Zoom link via email one day prior to the event.

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TICKETS: \$75 - \$250 (before 10/15) / \$100 - \$250 (after 10/15), sliding scale. If you are not able to afford the lowest ticket price but would still like to attend, please email [admin@hopemohr.org](mailto:admin@hopemohr.org).

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**ABOUT THE KEYSTONE OF THE ARCH: EMBODIED 100 YEARS VISION** | Here we are. We are living in a historical moment that demands that we shed systems of oppression and pivot toward wholeness, healing and justice. But how? How do we bridge the wisdom of the past with hope for the future? If we understand ourselves in the middle of a 100-year arch of human transformation, the arch's keystone, how can we prepare ourselves to show up fully and engage each other with integrity? On day one we will explore how we navigate conflict and dynamic tension. Day two will involve dream work that weaves together a vision beyond the current moment of struggle. YaliniDream and Tammy Johnson will guide participants through practices that explore individual and group habits, and envision liberatory futures using movement, vocalization and other creative tools. This workshop is open to artists, activists, organizations, social workers, and any persons looking to engage in transformative movement building.

**ABOUT YALINI DREAM** | Yalini Dream is a performing artist, cultural worker, and consultant with 20 years experience supporting organizations and communities contending with violence, oppression and harmful conditions through healing justice, creative practice, facilitation, strategic visioning, de-escalation, and conflict navigation. Yalini is an arts & wellness specialist with EM Arts, a consultant with Vision Change Win, and teaches "Social Justice Pedagogy and the Arts" at University of San Francisco's graduate program in Human Rights and International Multicultural Education. Through consulting team Vision Change Win, Yalini has integrated somatic, contemplative and creative practices in her work with the National Lawyer's Guild, Borealis Philanthropy, Voices for Racial Justice, The Center for Constitutional Rights, The Transgender Law Center, The International Network to End Violence Against Women and Girls, Jewish Voice for Peace, Dalit Women Fight, and many other organizations fighting for justice in the face of oppositional forces. Through EM Arts, YaliniDream has supervised, curated & facilitated arts & wellness programming for schools in Brooklyn & Queens including La Cima Elementary and EMBER Charter School for Mindful Education, Innovation and Transformation.

**ABOUT TAMMY JOHNSON** | Tammy Johnson is a dancer, writer, and cultural worker living in Oakland, California. As a highly visible and effective community organizer in Milwaukee, Wisconsin, Johnson directed economic justice, electoral reform and public education campaigns. For over a decade she was a national organizer, trainer, writer and policy analyst at Race Forward. Tammy's gift for strategy development and ability to nurture strong relationships with groups on the ground led to a decade at Race Forward, spent advancing racial justice as a national organizer, trainer, writer, policy analyst and public speaker. She co-produced the television special Colorlines: Race and Economic Recovery with LinkTV, and has written for the Christian Science Monitor, The Huffington Post, and Colorlines.com. As an equity consultant Johnson has worked with Naka Dance Theater, SUMOFUS.org, California Shakespeare Theater, Mobilize the Immigrant Vote, The Laundromat Project, Luna Dance Institute, and Opera America. Specializing in Egyptian style bellydancing, Johnson was the 2016 recipient of Deborah Slater's Studio 210 Residency Program. She performed as part of ChimaTEK: Hybridity Visualization Mandala, a piece created by renowned

performance visual artists Saya Woolfalk. For fifteen years Johnson and Etang Inyang performed as the award-winning duet Raks Africa, and co-directed the Girls Raks Bellydance and Body Image program. Currently Johnson is the director of Project Aiwa, which promotes North African dance and culture.

ABOUT POWER SHIFT | POWER SHIFT: Improvisation, Activism, and Community invites artists and activists to share the practice and performance of improvisation. Co-curated by Cherie Hill, Hope Mohr, and Karla Quintero, POWER SHIFT brings you inside the improvisational practices of Black/African American, Latinx/Latin American, Asian American, female-identifying and queer improvisers and social justice activists. The program highlights voices from African dance, jazz aesthetics, social and street dance, contemporary forms, and Capoeira.

POWER SHIFT is about more than performance. A wide array of intensives and workshops at the intersection of dance and social action offer opportunities to build and share tools for the creative process. In these spaces, we will move and imagine together. We will cultivate power and resilience in the face of shifting and uncertain landscapes.

For the more information on the entire Power Shift line up visit [bridgeproject.art/powershift](http://bridgeproject.art/powershift).

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Hope Mohr Dance/The Bridge Project  
Online via Zoom Online via Zoom  
San Francisco, CA, 94122  
<http://hmd.simpletix.com>

Schedule  
November 21, 2020: 12:00pm  
November 22, 2020: 12:00pm

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