

September, 11-25, 2019

## The Sounding Body: Mouth to the Sea

Company: Movement Research  
Venue: Movement Research  
Location: New York, NY

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[The Sounding Body: Mouth to the Sea](#) with Tatyana Tenenbaum

September 11, 18, 25, 2019

WED 6:30-8:30pm

Movement Research, 122 Community Center, 150 1st Ave, New York, NY

*This workshop is part of The Sounding Body, a series of weekly workshops investigating voice and movement.*

\*click [here](#) to register\*

Pricing structure for Sounding Body Workshop series:

\$180 for entire Wednesday series  
\$65 per three-week Wednesday night series with one artist  
\$30 for single Wednesday class drop-in  
\$40 for Saturday session with one artist

### About the Workshop:

What is this voice, and how does it shift my relationship to my body? We will use our voices to unlock our breath body; and our bodies to unlock our voices. A circle. How can this continuous flow of information facilitate knowing, remembering and enacting? We will situate our selves in relationship to the past, present and future. We will invite our full histories into the room with us to join our sounding. I will facilitate simple exercises steeped in glorious vibration. The research I will share has been influenced by the work and practices of Jonathan Hart Makwaia, Nancy Stark Smith, Daria Fain, Jennifer Monson, Urban Bush Women, Emily Johnson, Emilie Conrad, and many others. Some exercises will incorporate touch. We will move these exercises into fine-tuned collective musical scores, making room for doubt, convergence and interrogation along the way. Take your time. This work is accessible to all entries/experience levels.

### About the Artist:

Choreographer/composer Tatyana Tenenbaum's work employs breath, voice, fascia and musculature to excavates spaces of memory, power and transformation. Her ancestors wove their voices into the tuneful stories of the Broadway stage. She draws from this lineage as well as work with Yoshiko Chuma, Daria Fain, Jennifer Monson, Levi Gonzalez, Emily Johnson/CATALYST, Andy Luo and Lily Bo Shapiro, Hadar Ahuvia and the UNDOING AND DOING collective. Her work has been presented by the Chocolate Factory Theater, AUNTS, Brooklyn Studios for Dance, The Kitchen, Roulette Intermedium, and Danspace Project where she co-organized the collective terrain/splatform on voice and choreography with Lydia Bell and Jasmine Hearn, in conversation with Samita Sinha and Tendayi Kuumba.

Accessibility: Movement Research, 122 Community Center is an accessible space. Studios are wheelchair accessible. The second floor office is accessible by elevator. Restrooms are wheelchair accessible and are all gender. Please contact Julianne Rencher, [juliennerencher@movementresearch.org](mailto:juliennerencher@movementresearch.org) or (212) 598-0551 (voice only) for further access requests or questions.

\*\*All classes are subject to change. For the most up-to-date information, please consult the Movement Research calendar: <https://movementresearch.org/calendar>.

Movement Research  
150 First Ave 122 Community Center  
New York, NY, 10009  
2125980551

Schedule  
September 11, 2019: 6:30pm  
September 18, 2019: 6:30pm  
September 25, 2019: 6:30pm

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