

December, 13-20, 2017

## Topf Technique/Dynamic Anatomy®

Company: Movement Research  
Venue: Gibney Dance at 280 Broadway  
Location: New York, NY

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Ian Douglas

### [Topf Technique/Dynamic Anatomy®](#)

October 18 – December 20, 2017

WED 10:00am – 12:00pm

Gibney Dance at 280 Broadway

\$14

The Topf Technique® is a practice of embodiment. Through the experiential study of anatomical imagery we deepen perception and sensation of the body. By mapping and reimagining the body we find clear moving pathways, new relationships to space, greater expression and creativity. The process centers and refines our movement organization.

[Jen Harmon](#) is a movement-based artist and educator. For the past twenty-five years she has explored the pathway to presence through contemporary performance. She was the Director of Acting and Choreography for the experience design group, Odyssey Works from 2010-2015. In 2017 she choreographed for Miranda Theatre's Off- Broadway production, They Promised her The Moon. Jen has been influenced by the study of Ideokinesis with Nancy Topf and Andre Bernard, Native American clowning techniques with Sue Morrison as well as a long-time practice of Vipassana meditation.

Movement Research  
280 Broadway  
New York, NY, 10007  
<https://movementresearch.org/event/6827>

Schedule  
December 13, 2017: 10:00am  
December 20, 2017: 10:00am

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