

February 19 - May 14, 2019

## Urban Bush Women: Dance for Every Body Community Dance Class

Company: BRIC

Venue: BRIC

Location: Brooklyn, NY

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Hayim Heron

### Urban Bush Women: Dance for Every Body Community Dance Class

TUE, FEB 19, 2019 | 6:30PM - 8PM

TUE, MAR 19, 2019 | 6:30PM - 8PM

TUE, APR 16, 2019 | 6:30PM - 8PM

TUE, MAY 14, 2019 | 6:30PM - 8PM

COST: FREE w/ RSVP

First come, first served

This movement jam/dance class embraces the idea that everyone has a unique and significant contribution to make, and that our bodies are powerful and capable. The goal is for "every body" to find their level of challenge and comfort and partake according to their abilities, and to appreciate the group's diversity as a benefit to their community. Participants explore Urban Bush Women's technique with close attention to the use of breath, weight, call and response, and polyrhythm. This is a movement class designed for the community, so no prior dance experience is needed.

PLEASE NOTE: This program is first come, first served. Please arrive early to secure your spot in the class.

### ABOUT URBAN BUSH WOMEN

Urban Bush Women (UBW) burst onto the dance scene in 1984 with bold, innovative, demanding and exciting works that bring under-told stories to life through the art and vision of its award-winning founder Jawole Willa Jo Zollar. The company weaves contemporary dance, music, and text with the history, culture, and spiritual traditions of the African Diaspora.

BRIC  
647 Fulton St  
Brooklyn, NY, 11217  
7186835600  
<https://www.bricartsmedia.org/events-performances/urban-bush-women-dance-every-body-0>

Schedule  
February 19, 2019: 6:30pm  
March 19, 2019: 6:30pm  
April 16, 2019: 6:30pm  
May 14, 2019: 6:30pm

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