

## FOR AUDIENCES

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November 21 - December 19, 2020

### Virtual Barre x Self Care

Company: BurnBarre®

Venue: ActiveCare Physical Therapy Center

Location: New York, NY

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#### BurnBarre X Active-care Physical Therapy Center Workshop Series

Workout with Dance Professionals and Physical Therapy Experts! This is an exclusive opportunity to discover barre fitness and advanced physical therapy technology, like Scan Fit!

Saturday November 21, 2020  
10:15am - 11:15am Emily Jones  
11:30am - 12:30pm Richie Ruiz

Tuesday November 24 2020  
7:30am Wake up with Nicole Baker via Instagram Live

Saturday November 28, 2020  
10:15am - 11:15am Richie Ruiz  
11:30am - 12:30pm Larissa Gerszke

Tuesday December 1, 2020  
7:30am Wake up with Nicole Baker via Instagram Live

Saturday December 5, 2020  
10:15am - 11:15am Emily Jones  
11:30am - 12:30pm Larissa Gerszke  
12:45pm - 1:45pm Richie Ruiz

Tuesday December 8, 2020  
7:30am with Wake up with Nicole Baker via Instagram Live

Saturday December 12, 2020  
10:15am - 11:15am Emily Jones  
11:30am - 12:30pm Larissa Gerszke  
12:45pm - 1:45pm Richie Ruiz

Tuesday December 15, 2020  
7:30am Wake Up with Nicole Baker via Instagram Live

Saturday December 19, 2020  
10:15am - 11:15am Emily Jones  
11:30am - 12:30pm Larissa Gerszke  
12:45pm - 1:45pm Richie Ruiz

For questions or concerns contact us at [hello@burnbarre.com](mailto:hello@burnbarre.com) and follow us @BurnBarre to stay connected.

BurnBarre®

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<https://burnbarre.com/pages/workshops>

#### Schedule

November 21, 2020: 10:15am, 11:30am, 12:45pm

November 24, 2020: 7:30am

November 28, 2020: 10:15am

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