

April 6 - May 29, 2020

## Virtual Pilates for All!

Company: Burns Enterprizes  
Location: Bronx, NY

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Have a mat or a soft carpet? A thera-band or two; or a yoga strap? A Yoga block, or just a throw pillow?

You are ready!

Pay what you can on my website: <http://msburns.com/Services.html>

M/W/F: 5:30pm EST

Pilates For All!

Get strong, Get toned, & stay sane!

CLASSES HELD VIA ZOOM

Email [msburnsi99@gmail.com](mailto:msburnsi99@gmail.com) for Zoom Invite

Burns Enterprizes  
Burns 3489 Fort Independence Street #5H  
Bronx, NY, 10463-4546  
17185484676

Schedule  
April 6, 2020: 5:30pm  
April 8, 2020: 5:30pm  
April 10, 2020: 5:30pm  
April 13, 2020: 5:30pm  
April 15, 2020: 5:30pm

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