

## OUR NEW YORK CITY DANCE

April 6 - May 29, 2020

## Virtual Pilates for All!

Company: Burns Enterprizes Location: Bronx, NY

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Have a mat or a soft carpet? A thera-band or two; or a yoga strap? A Yoga block, or just a throw pillow?

You are ready!

Pay what you can on my website:  $\label{eq:http://msburns.com/Services.html} http://msburns.com/Services.html$ 

M/W/F: 5:30pm EST

Pilates For All!

Get strong, Get toned, & stay sane!

CLASSES HELD VIA ZOOM

Email msburnsi99@gmail.com for Zoom Invite

Burns Enterprizes Burns 3489 Fort Independence Street #5H Bronx, NY, 10463-4546 17185484676 Schedule April 6, 2020: 5:30pm April 8, 2020: 5:30pm April 10, 2020: 5:30pm April 13, 2020: 5:30pm April 15, 2020: 5:30pm more

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